

Spiritual IQ Test

Thank you for agreeing to take the Spiritual IQ test, you are a rare soul! This quiz is intended to help one focus on pivotal concepts that are often poorly understood, or in some cases, have been grossly misrepresented by individuals who are not properly trained in spiritual matters. As you ponder over what you think the most correct answer might be to each of these questions, carefully consider what source you are basing your answer on and why you feel that is a reliable source. In this quiz all the proper answers are based on the spiritual conclusions presented clearly explained and thoroughly laid out in the Vedas, the oldest, most profound and respected sacred scriptures in the world!

The answer sheet offers extensive documentation to help one understand why a possible answer is either correct or incorrect. Nearly all the answers are based on information provided in the Bhagavad-Gita, which is considered; **“A Summary Study of the Vedas”**, and the Bhagavat Purana also known as the **“Ripened Fruit of All the Vedas.”** In some cases other supporting Vedic sources are referenced in order to enhance the learning process.

1	What is the most expedient way to get to heaven, find salvation, become liberated, attain nirvana or go back to Godhead?	
	A	This question is irrelevant because there is no destination to get to, nothing to strive for and nothing to fear. All that is real is the "Now." Be present to that and you will have already attained the highest spiritual state because "That" is all "That" exists.
	B	If you want to go to the spiritual world/heaven you must know how to identify it, where it is and what qualifications you need to get in.
	C	All paths are equally efficient for achieving the same transcendent results.
2	The highest state of spiritual evolution is...	
	A	... obtained when one escapes from all thought, realizes their own divinity, and reunites as being one with the universe.
	B	... to do philanthropic work and volunteer your time for things like; helping the underprivileged, running hospitals, building schools, digging wells, being a big brother, tending to the elderly and protecting the environment, etc.
	C	... to fully restore one's lost loving relationship with the Supreme Lord and engage in loving devotional service to Him.
3	Which of the following descriptions best characterize how a spiritually mature person interacts with others?	
	A	. He will offer all respect to someone whose behavior is in the mode of goodness and recognize them as a rare soul. If however, he sees one entrapped by their own conditioning, the spiritually learned person will try to educate them about the modes of nature and the way to break free via a legitimate yoga practice.
	B	One who is spiritually mature sees that whatever a person does is inspired by God and therefore good.
	C	I am OK, and you are OK. It's all good!
4	The way to discern the difference between spiritual and material is...	
	A.	That which is spiritual can be felt in the heart, reaches beyond the mind and is real. That which is material is made out of matter, can be measured with physical instruments like a ruler or a scale etc., and is unreal.
	B	Everything that exists is a pure expression of Gods unadulterated highest energy and to think of anything as 'material' is part of the grand illusion.
	C	Whatever is used in the service of God is “spiritual,” everything else can be properly described as “material” .
5	An enlightened soul realizes that...	
	A	... if they consciously desire something sincerely enough, it will surely manifest for them in this life because that is a universal law known as the “Law of Conscious Intention.”
	B	... due to the law of karma, everything is already predestined and cannot be changed! What's meant to be will occur regardless of what anyone does to change it.
	C	...despite how earnestly one may petition God, He is always independent and can not be purchased by any ritual. Yet he is moved by loving devotion and will even agree to intercede with the laws of Karma on behalf of his pure devotee when he is inclined to do so.

Spiritual IQ Test (cont)

6	A genuine spiritual teacher...	
	A	... gives clear instructions based on authorized scriptural injunctions and always strives to practice what he preaches.
	B	... speaks softly, never shows anger, engages in silent meditation and celebrates the goodness of life.
	C	... may say things that appear to be contradictory and may appear to not practice what they preach but these types of criticism are irrelevant because they are so advanced they can do whatever they like with impunity.
7	To live in the moment means...	
	A.	To realize that all thoughts distract us from our original pure ability to: "Be Here and Now," which is otherwise disrupted by dwelling in thoughts of the past or concerns for the future.
	B	To trust your intuition, seize the moment, and do whatever feels right because you are instinctively empowered to make proper decisions regardless of the time, place or circumstance you may find yourself in.
	C	To understand that even one moment cannot be returned for all the riches in the world, one should use all time wisely to learn everything available about cultivating love for God because it could be the last moment one has to do so.
8	The most spiritually potent path/practice for this age is ...	
	A	... for at least 20 minutes a day, get comfortable, become silent, and concentrate intensely on observing your own breath to clear your mind of all the thoughts that appear to rise automatically on their own.
	B	Chanting a recognized name of God with love and affection either aloud or silently whilst focusing on the sound vibration and personal aspects of God's character.
	C	... Focus all of one's attention on the beautiful aspects of nature by living alone in a secluded place, sitting quietly, holding one's body, neck and head erect in a straight line, without moving and staring at the tip of your nose.
9	In regards to attaining a good spiritual education, which of the following statements do you feel is most accurate?	
	A	Humans are tinged with four flaws making it impossible for an individual to discern what constitutes a good spiritual education on one's own. Therefore one must seek out good instruction from a teacher whose words are consistent with the teachings of scriptural authority, the great sages throughout history and his own Guru.
	B	There is no such thing as a "good spiritual education" because what is good for you may not be good for me.
	C	The proper answers to all your questions will automatically come to you from within yourself when you need them. You need not look anywhere else.
10	Finish this sentence with the best possible answer: "After a human being dies..."	
	A	... the self mechanically merges back into Oneness with everything and all sense of individuality is dissolved.
	B	... his soul automatically evolves to a higher state of consciousness and continues to progress from life to life until it finally arrives at nirvana/heaven/godhead/Brahman.
	C	... the consciousness of that individual could reincarnate into any form of life, including animal, demigod, insect or eternal associate of the Lord based on the state of consciousness that one has at the moment of death.

American Vedic Association

Answers: Can be obtained from **American Vedic Association**. Please contact mayesvara dasa at mdjagdasa@gmail.com - Tel No:- (805) 640-0405 **Thank you for participating!**